

AUSTIN

OCTOBER 2007
MONTHLY

the *Beauty* ISSUE

» The Ultimate
Three-Day
Girls Weekend

» Austin Lyric
Opera's
Perfect 10

» What Not
To Wear,
Austin
Edition



Bill Wittliff
Revisits
*Lonesome
Dove*

Catching
Up With
Oliver
Stone

Film
Festival
Founder
Barbara
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Girls Only

Leave some leftovers for your man and round up the ladies.

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Dressed to the Nines

The invites for holiday parties will start rolling in any day now. These jaw-dropping evening gowns and elegant accessories are sure to make you stand out from the pack.

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Custom Makeover

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Perfect 10

The Austin Lyric Opera's picks for the 10 arts community leaders whose efforts fuel the superb performing arts in town.



COVER: Photograph exclusively for Austin Monthly by Adam Voorhes



Girls WEEKEND

Three days of pampered bliss

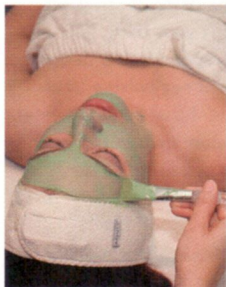
● ● ● You go, girls—out for the weekend, that is. Miss those pajama-party marathons of your past? The ones where you stayed up all night giggling about chocolate, boys and shoes, while devouring buckets of popcorn? Routine-weary women, it's time for a grown-up getaway with the girls. With your man glued to the football games on TV, it's the perfect time to escape for some female fun. Following is an hour-by-hour timeline for the ultimate girls weekend right here in town. We've done all the work for you, throwing out ideas for hotels, meals, pampering, shopping and more. All you need to do is rally the gang.

by **Becca Hensley**

photography by **Vanessa Escobedo Barba**

10:30 AM // *Face time*

You'll relax the moment you enter Milk + Honey Spa, an urban sanctuary in the heart of the Second Street District. Spend a moment in the tranquil waiting room, then enjoy Milk + Honey's signature facial. Customized for your skin, this hour-long treatment will leave you glowing. 204 Colorado St., 236-1115, www.milkandhoneyspa.com.



12 PM // *Lunch & power shop*

OPTION ONE: After your facials, keep nourishing your glowing skin at Leaf, the Second Street District's snazzy salad factory. Choose from the chalkboard menu or design your own plate of veggies and toppings. Afterward, set out on a Second Street exploration of shops such as Finch, Design Within Reach, Loft, Area Furniture, Eliza Page, Mercury Design Studio, Sana & Co., Peyton's Place, Home Retreat, Austin City Store, IF+D and Lucky Soles.

OPTION TWO: Go south for your power shop on SoCo's strip of shops, such as By George, Crofts Original, Parts & Labour, Off the Wall, Uncommon Objects, Mi Casa, Yard Dog, Goodie Two Shoes, Gallery SoCo, Prima Dora and Therapy.



2:30 PM // *Comely coiffures*

Transform yourself into a bewitching brunette or ravishing redhead. Cut off those long locks or twirl them into an updo. It's up to you—and your hairdresser. At Bô Salon, Ron King does wonders with color. His clients fly in from across the country, so you'll be in good hands. If you want to try a dramatic updo, Barbara Morin's your girl, or if you want a big change, let Irek Banaczyk do his magic. 2004 S. Congress Ave., 448-0060, www.bosalon.com.

If you managed to wrangle a big group of girls for your weekend, you'll probably want to split up when you get your hair done. Ann Kelso Salon + CitySpa's curly-hair guru is Ethan Shaw, while Art Director Brooke Michie prevails in fantastic transformations; Meredith Herndon can help you find your perfect shade. In case you feel like chilling at the hotel, the Ann Kelso team can bring its mobile spa to you. 1400 S. Congress Ave., 467-2663, www.annkelsosalon.com.

Trendy divas will want to try Avant Salon, near the Warehouse District. Here Julia Plaia can help you find a new look, Connie Strang will take the challenge of controlling curly locks and Tina Spears will help revitalize your tresses with the perfect color. 318 Colorado St., 472-6357, www.avantsalon.com.



Avant Salon

5:30 AM // *Salud!*

It's that time again. Raise your glasses at the happening Brown Bar. This old-school watering hole mixes some festive drinks. 201 W. Eighth St., 480-8330, www.thebrownbar.com.



6:30 PM // *Burgers and movies or Japanese and a show*

OPTION ONE: Pick a movie at the Alamo Drafthouse and spend an evening entranced by the screen while gobbling up goodies from Chef John Bullington's kitchen. Order a burger and fries

or one of the themed dinners the chef organizes to match the mood of the film du jour. 1120 S. Lamar Blvd., 476-1320, www.drafthouse.com.

OPTION TWO: Make an appearance at Maiko Sushi Lounge, Austin's happening sushi spot. Start with miso soup,

then sample everything from maguro to tako. 311 W. Sixth St., 236-9888, www.maikoaustin.com.

Afterward, settle in at the legendary Paramount Theatre for a show. Enjoy "An Evening with Anthony Bourdain" on Oct. 20, or the latest Tuna production, *Tuna*