



BY AMANDA CLINTON



les nouvelles
esthétique & spa
AMERICAN EDITION
LNE & SPA
AWARD 2011

Best of the best in spas!

Les Nouvelles Esthétiques & Spa magazine, American edition is proud to introduce the brand new *LNE & Spa* Awards, created to recognize and express appreciation for exceptional spas throughout the United States.

The regional Awards honor spas in four categories: Luxury Spa, Day Spa, Medical Spa and Green/Wellness Spa. *LNE & Spa* invited owners and managers of quality spas from the Central, West, Northeast and Southeast regions of the country to enter their spas for consideration. Candidates completed questionnaires providing essential information on the spas and their unique attributes. Within each category, numerous spas received honorable mentions for the Central *LNE & Spa* Award, along with one grand winner.

The panel of judges consists of the *LNE & Spa* educational committee and editor-in-chief Denise R. Fuller. The panel selects the spa that they feel most represents excellence, innovation and quality within each category to be named as the grand winner. Their decision is based on information provided to them by a mystery client, who visits each of the nominated spas undercover as a guest. The mystery client

completes a questionnaire about the spa, which the judges review to make their final decisions.

In March, *LNE & Spa* honored the standout spas in the Central United States. Winners and nominees were announced and introduced onstage at the *LNE & Spa* Award ceremony, held on March 13 at the 2011 Dallas International Congress of Esthetics and Spa. *LNE & Spa*'s marketing director Christèle de la Haye and sales director Danni Boucher presented each of the grand winners with a customized crystal water drop to display in their spa. All nominees received a certificate of recognition for their honorable mention to display in their spa.

The outstanding grand winners and nominees for the 2011 Central *LNE & Spa* Awards were:

DAY SPA

Grand winner: **milk + honey spa**

Honorable mentions: **Novità Spa on the Square, The Rendezvous Spa in River Oaks, Skin Rejuvenation Clinique®, Spa Esoteric, Radiance Day Spa.**

LUXURY SPA

Grand winner: **ZaSpa at Hotel ZaZa**

Honorable mentions: **Relâche Spa at the Gaylord Texan, V Spa at Hilton Anatole, The Spa at the Stoneleigh.**

MEDICAL SPA

Grand winner: **U. Boutique & Med Spa**

Honorable mentions: **Stadia, AQUA Medical Spa, Light Touch Aesthetics.**

GREEN/WELLNESS SPA

Grand winner: **Spa Habitat**

Honorable mentions: **Blossom Spa Boutique, Somatic Therapies Massage Center, The Woodhouse Day Spa.**

Read on to learn more about the grand winners, and see why each of them has received the *LNE & Spa* Award of 2011! ➔



Christèle de La Haye and Nina Curtis introduce the *LNE & Spa* Awards



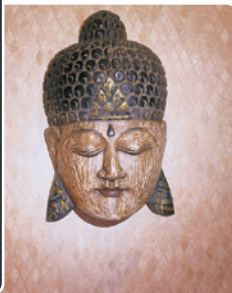
LNE & SPA AWARD WINNER FOR LUXURY SPA:

Downtown Houston is home to one of the hippest spas in the Lone Star state, set in an acclaimed luxury hotel that has received recognition as a winner of the prestigious AAA Four Diamond Award. The first-class atmosphere and quality of service at Hotel ZaZa make it the perfect setting for a luxury spa that caters to clients that expect to be spoiled to the max. This is where **ZASPA AT HOTEL ZAZA** comes in. ZaSpa utilizes the latest technology to perform progressive services on the cutting edge, tailored to meet individual clients' needs and deliver tangible results.

Polished marble floors, neutral colors and soft lighting come together to create ZaSpa's tranquil and elegant atmosphere. With more than 11,000 square feet, ZaSpa is large enough to allow guests plenty of privacy and space to relax. Guests are given plush robes to wear as they unwind prior to their treatments in a tranquil waiting area where they can take advantage of the adjustable oxygen therapy beds, selecting from various choices of "flavored air." Posh treatment rooms are decorated with crystal chandeliers and individual iPods, one example of the high-tech focus of the spa.

The vast ZaSpa service menu is an inspired creation conceived from true innovation. The exceptional selection of choices encompasses every beauty or wellness objective one could imagine. The range of features includes services as simple as basic waxing and a 25-minute "Quickie" Massage to treatments as extensive and in-depth as the anti-cellulite lymphatic therapy series and the 6-hour "7 Deadly Sins" treatment package. ZaSpa also offers quick first-class beauty services to prepare clients for any special event and fix cosmetic problems in a hurry. Clients can receive teeth whitening, lash tinting, makeup and false lash applications in as little as 30 minutes at ZaSpa. Rounding out the sizeable selection of customized services are treatments designed especially for moms-to-be, men and couples.

ZaSpa's first class service, opulent setting and emphasis on groundbreaking treatment developments succeed in satisfying even the hardest to please clients, living up to the standards of a true luxury spa. ■



ZASPA AT HOTEL ZAZA

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LNE & SPA AWARD WINNER FOR DAY SPA:

MILK + HONEY SPA in downtown Austin is a welcome retreat from the hustle and bustle of the city outside its doors. The five-year-old facility stands out on a multitude of levels, holding an unsurpassed standard of excellence in the day spa industry.



Prior to services, guests at milk + honey unwind in the cozy and inviting lounge, relaxing in fresh robes and slippers provided by the spa as they indulge in healthy refreshments.

The bar is set high at milk + honey spa, with a remarkable selection of services from the following categories: skin and face, massage, waxing, body, men, semi-permanent lash application, nails, treatment series and even acupuncture and cupping treatments! Within each of these categories, there are a vast array of options.

Couple's treatments are always available at milk + honey, with two treatment rooms specifically dedicated to services for twosomes. In addition, unique seasonal services are frequently introduced to the menu, creating even more choices for guests.

Open seven days a week from 9 a.m. to 9 p.m., milk + honey spa makes it easy for clients on any schedule to treat themselves. Additionally, the spa's generous VIP program rewards clients for pampering themselves. Clients automatically earn points for every dollar they spend, ultimately earning a free treatment with no extra effort.

Milk + honey spa sets a fine example for day spas everywhere by spreading the happiness and serenity created within its own walls to the surrounding community. The spa contributes to dozens of Austin organizations and charitable endeavors through donations of their services in the form of auction items, raffle prizes, door prizes and more.

The relaxing atmosphere, generous rewards system, accommodating schedule and exceptional selection of services are all qualities that demonstrate the superior client focus that set milk + honey apart. This, combined with the philanthropic efforts toward the local community, demonstrate the standards and values by milk + honey that make it a model that day spas everywhere can be proud to claim as a representation of what the industry stands for. ■



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LNE & SPA AWARD WINNER FOR GREEN/WELLNESS SPA:

SPA HABITAT in Dallas, an organic spa and apothecary, is an establishment that demonstrates an exceptional commitment to eco-awareness and wellness through their innovative business practices and the standards they uphold. Located in the heart of bustling uptown Dallas, the five-year old Spa Habitat is known for its extensive apothecary of bath, body and skin care. The spa ensures the purity of each product through their own thorough research, and staff gladly provides a complete list of all ingredients in any product or service by request. The products used and sold at Spa Habitat never include parabens, phthalates, petroleum, sulfates,



petrochemicals, formaldehyde, mineral oil, talc, harsh preservatives or artificial dyes, colors or fragrances. The spa also uses only organic cotton linens, laundry products and cleaners, and relies on recycled paper for brochures, business cards and shopping bags.

Spa Habitat's eco-friendly efforts as a business extend beyond the purity of their ingredients, products and materials. The facility also operates with 100 percent wind power. In addition, Spa Habitat plants a tree through their partnership with Trees for the Future for every service performed. To date, Spa Habitat has been instrumental in helping to plant 20,000 trees!

The widespread recognition and acclaim Spa Habitat has received from clientele and national press prove that purity and sustainability can certainly coexist with outstanding quality. ■

SPA HABITAT

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photos courtesy of Spa Habitat





LNE & SPA AWARD WINNER FOR MEDICAL SPA:

The rapidly growing medical spa industry, a hybrid between a medical clinic and a day spa, is a growing entity that many believe represents the next generation of the spa industry. The International SPA Association defines a medical spa as a facility whose primary purpose is to provide comprehensive medical and wellness care in an environment that integrates spa services, as well as traditional, complementary and/or alternative therapies and treatments. These facilities operate within the scope of their staff's practice.

The **U. BOUTIQUE & MED SPA** of Plano, TX stands out as a true example of excellence in the increasingly relevant sector of the spa industry. The broad range of treatments and products available at the cutting-edge facility have all been developed based on actual medical and scientific studies.

With a board certified plastic surgeon, certified laser technician, certified physician's assistant and two certified medical estheticians, the medical team at U. Boutique & Med Spa encompasses expertise in every aspect of medical cosmetic enhancement.

The medical menu features an impressive range of non-surgical cosmetic procedures, including injectable treatments (Botox®, Radiesse®, Juvéderm®, Dysport®, Restylane® and hyperhidrosis treatment), in addition to advanced technology services such as laser hair reduction and photofacials, as well as sclerotherapy to address unsightly spider veins.

The medical services are balanced with an extensive selection of spa treatments that include waxing, massage, airbrush tanning, facials, microdermabrasion, chemical peels, eyelash extensions and brow and lash tinting. The estheticians at U. Boutique are renowned in the Dallas area for their specialization in medical grade facials, waxing and chemical peels.

Whether clients come in to receive a simple brow wax or to address a distressing physical condition such as hyperhidrosis, the difference they see and feel in themselves afterwards is a testament to the quality of service and skill behind every transformation at U. Boutique & Med Spa. ■

U. BOUTIQUE & MED SPA

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photos courtesy of U. Boutique & MED SPA

